



INSTAGRAM ANALYTICS

A list of tools that can help you maximize your
success for Instagram Analytics

TOPIC:

WHERE TO FIND INSTAGRAM INSIGHTS?



EXERCISE 1

Watch the embedded video and navigate to your business profile's Insights page.

TOPIC:

REACH VS. IMPRESSIONS



EXERCISE 2

On the Reach page of Insights, write down the number of Accounts Reached and number of Impressions in the last 7 days. Track this every week for 1 month to analyze any improvements or changes.

	ACCOUNTS REACHED	IMPRESSIONS
Ex.	653	962
Week 1		
Week 2		
Week 3		
Week 4		

TOPIC:

FOLLOWER GROWTH RATE



EXERCISE 3

Use this table to track your follower growth rate each week for 3 months. Make notes on the weeks that your growth rate has increased dramatically. What hashtags did you use? What posts performed the best?

	# OF FOLLOWERS GAINED (A)	PREVIOUS WEEK'S # OF FOLLOWERS (B)	$(A \div B) \times 100$	FOLLOWER GROWTH RATE	NOTES
Ex.	12	658	$(A \div B) \times 100$	1.82%	
Week 1			$(A \div B) \times 100$		
Week 2			$(A \div B) \times 100$		
Week 3			$(A \div B) \times 100$		
Week 4			$(A \div B) \times 100$		
Week 5			$(A \div B) \times 100$		
Week 6			$(A \div B) \times 100$		
Week 7			$(A \div B) \times 100$		
Week 8			$(A \div B) \times 100$		
Week 9			$(A \div B) \times 100$		
Week 10			$(A \div B) \times 100$		
Week 11			$(A \div B) \times 100$		
Week 12			$(A \div B) \times 100$		

TOPIC:

POST INTERACTIONS



EXERCISE 4

Go to your Insights page and select “Last 30 Days.” Then under Content You Shared, click on “Posts” to navigate to your posts page.

Of all the posts in the last 30 days, list the top 5 posts. Write down the following information for your top posts to discover which types are engaging your audience the most.

POST DESCRIPTION	POST TYPE	# OF ENGAGEMENTS	POST CHARACTERISTICS
<i>Ex. Blog post highlight: “Top 5 ways to weed your yard”</i>	<i>Ex. Carousel (choose from Photo, Video, or Carousel)</i>	419	<i>Asked a question in the caption that created conversations in the comments</i>

TOPIC:

AUDIENCE



EXERCISE 5

Navigate to the Audience page in Insights. Scroll to the very bottom until you see “Most Active Times.”

Under Hours, write down the most active time period for your audience.

Most Active Time Period: _____

Ex. 12pm to 3pm CST

Then, select Days. Write down the top two most active days.

Top Two Most Active Days:

1. _____

2. _____

Use this data to schedule posts during these time slots.

TOPIC:

TIPS TO BOOST ENGAGEMENT



EXERCISE 6

Use the engagement rate formula to calculate your percentages for the last 5 posts.

1. Go to "Content Interactions" and scroll down to "Top Posts."
2. Change the time parameter to "Last 30 Days."
3. In the second drop down menu, select "Post Interactions."
4. Write down the following information to analyze your engagement metrics compared to the industry average of 1.22%.

POST DESCRIPTION	# OF POST INTERACTIONS (A)	# OF TOTAL FOLLOWERS (AT TIME OF POST) (B)	$(A \div B) \times 100$	ENGAGEMENT RATE	NOTES
Ex. Employee spotlight	89	645	$(A \div B) \times 100$	13.8%	Great engagement on a personable post
			$(A \div B) \times 100$		
			$(A \div B) \times 100$		
			$(A \div B) \times 100$		
			$(A \div B) \times 100$		
			$(A \div B) \times 100$		
			$(A \div B) \times 100$		

TOPIC:

HELPFUL TOOLS



KEY TAKEAWAY:

We provided a list of tools that can help you maximize your success for Instagram Analytics. Check them out!





**REACH AND
ENGAGE YOUR
IDEAL AUDIENCE**

 **N2DIGITAL**

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